

Distance Assistance Brain Break Activities

Each activity below is a self-paced Nearpod with a series of brain break activities that you can use over the one whole day of learning. Links are accessible on desk, laptop or mobile devices. There is a FREE Nearpod app for iOS and Android devices but it is not required for use.

Elementary K-2

	Click on the Link Below to Start Student Activity
Day 1	https://share.nearpod.com/vsph/jBJUOhTfNu
Day 2	https://share.nearpod.com/vsph/yLt2GM5RLu
Day 3	
Day 4	https://share.nearpod.com/vsph/kPLzOmTnMu
Day 5	https://share.nearpod.com/vsph/3ApssPGGMu

Elementary 3-5

	Click on the Link Below to Start Student Activity
Day 1	https://share.nearpod.com/vsph/tTyy0g4bMu
Day 2	https://share.nearpod.com/vsph/RU8b1ascNu
Day 3	https://share.nearpod.com/vsph/2KxIN3O3Lu
Day 4	https://share.nearpod.com/vsph/5oAnb5egMu



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Day 5	https://share.nearpod.com/vsph/QJX3zLzuNu
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Middle

	Click on the Link Below to Start Student Activity
Day 1	https://share.nearpod.com/vsph/N2maanuOLu
Day 2	https://share.nearpod.com/vsph/Yp9KALBWMu
Day 3	https://share.nearpod.com/vsph/G2i8Zi8xMu
Day 4	https://share.nearpod.com/vsph/mXOXGqsmNu
Day 5	https://share.nearpod.com/vsph/cZ2hoj72Lu

High

	Click on the Link Below to Start Student Activity
Day 1	https://share.nearpod.com/vsph/plIq3PwZMu
Day 2	https://share.nearpod.com/vsph/wwwHZ4GzMu
Day 3	https://share.nearpod.com/vsph/TWqNLnNMMu
Day 4	https://share.nearpod.com/vsph/dAzPVic9Lu
Day 5	https://share.nearpod.com/vsph/yFONkdQrMu

