

## SPECIAL DIETS FREQUENTLY ASKED QUESTIONS

### 1. What is the process to request a dietary modification if my child has food allergies or medical condition that requires meal accommodations?

- Submit Online Diet Order Form which can be accessed through the following links:

[Diet Order Form Section 1 - English](#)

[Diet Order Form Section 1 - Spanish](#)

Or use the QR code below:



English



Spanish

- Complete *Section 1* of the diet Order Form if your student has *food allergies to milk/dairy, eggs, wheat/gluten, soy, peanuts, tree nuts, fish, shellfish, corn, sesame and fruits.*
- A Medical Form- *Section 2* filled out and signed by a **Health Care Provider** *is needed for students who have food allergies other than those above; and for students requiring meal modification due to a medical condition.* Please see below link to PDF form:



Section 2 - Medical  
Form.pdf

Or use the QR code below:



- For your child's safety you may be requested to provide food from home while waiting for dietitian's evaluation and approval of required dietary modifications. This process does not take more than 5 business days from the date the Diet Order form with complete information was received.

**2. How is my child identified during meal service time?**

All schools have a *standardized* Meal Service Plan which includes the following:

- a) There is a designated line/area with a ceiling dangler featuring a Yellow Apron, inside the school cafeteria where students with allergies or a medical condition requiring Special Diets will be requested to report and get their meals.
- b) A Food Service employee wearing a Yellow Apron will distribute the Special Diet meals. Students requiring modified meals should report to this person.

**3. Whom should I contact if I have questions related to Special Diets?**

- a) The parent/guardian can contact the school Food Service Manager or the District Office at [FSMenu@ocps.net](mailto:FSMenu@ocps.net)

**4. What is the Communication Pathway between the Orange County Public Schools personnel and parents/guardian when a Diet Order is submitted?**

- a) Once the Diet Order form is submitted online, the District Registered Dietitians will process and make a plan for the Food Service Manager. Parents/Guardian will receive notification at that time.

**5. What Type of Diets are managed by Orange County Public School (OCPS)?**

- a) Special meals for students with single or multiple food allergies and/or medical conditions requiring meal modification.

**6. Who is eligible to request a Meal Modification or Special Diet?**

- a) Any student who has a food allergy, fluid milk intolerance or medical condition requiring special meal accommodations is eligible.

**7. Who are involved in managing the Special Diets?**

- a) District Registered Dietitians
- b) School Food Service Manager

**8. What to do if my child is only allergic/sensitive to Fluid Milk?**

- a) Complete Section 1 of the Diet Order Form online, checking only “Fluid Milk “as the Allergen. An Allergen Free Milk Substitute will be offered.

**9. How does OCPS manage food preference or religious beliefs?**

- a) OCPS manages students with food allergies and/or medical conditions. For food preferences and religious beliefs, parents can view the daily school meals at this link:

[Meal Viewer Orange County Public School](#)

**10. How often should a Diet Order Form be submitted?**

- a) Diet Order Form (Section 1) is required for all students with allergies. If allergies change then a new Diet Order form is necessary.
- b) For medical conditions, Medical Diet Order form (Section 2) must be signed by a physician and submitted annually. Any change as may occur, Medical Section 2 must be resubmitted.

**11. What to do if my child no longer has food allergies?**

- a) Complete a Discontinuation Form. Click link below:

[Discontinuation Form - English](#)

[Discontinuation Form - Spanish](#)

**Note:** By submitting a Discontinuation form, student will be provided regular meals from school cafeteria without food restrictions.