

**TEACHING ABOUT DRUGS, ALCOHOL  
AND TOBACCO**

**FILE: IHAMA**

**TITLE:** Teaching About Substance Use and Abuse

**POLICY:**

- (1) The harmful effects of alcohol, the adverse health effects and implications of the use of tobacco in any form, the abuse of prescription drugs and the true effects of narcotic drugs shall be emphasized in the instructional program of students at appropriate levels as specified in the district pupil progression plan.
- (2) The drug abuse prevention instruction shall be age appropriate and include, but not be limited to the following: the definition of a drug; use and abuse of over-the-counter drugs, prescription drugs, narcotic drugs; the harmful mental, social and physical effects on the body; legal implications; signs and symptoms of abuse; community resources for drug dependence; treatment; and effective refusal skills.

**LAWS IMPLEMENTED:** Sections 1003.44; 1003.42(2)(j), Florida Statutes

ADOPTED: 10/12/93

REVISED: 11/07/17

Notes:

1003.42(2)(n) Required Instruction-

Comprehensive health education that addresses concepts of community health; consumer health; environmental health; family life, including an awareness of the benefits of sexual abstinence as the expected standard and the consequences of teenage pregnancy; mental and emotional health; injury prevention and safety; Internet safety; nutrition; personal health; prevention and control of disease; and substance use and abuse. The health education curriculum for students in grades 7 through 12 shall include a teen dating violence and abuse component that includes, but is not limited to, the definition of dating violence and abuse, the warning signs of dating violence and abusive behavior, the characteristics of healthy relationships, measures to prevent and stop dating violence and abuse, and community resources available to victims of dating violence and abuse.

This verbiage is from the FDOE Comprehensive Health Education Elementary and Secondary Toolkit:

Comprehensive health education addresses 12 required component areas for K-12 instruction under section 1003.42 (2)(n), Florida Statutes.

Substance use and abuse - Focuses on the use and misuse of alcohol, tobacco, marijuana and inhalants, prescription and over-the-counter drugs and other illegal drugs (cocaine, methamphetamine, LSD, heroin, etc.); the classification and effects those substances have on the body; addiction; the health problems associated with drug dependence, including formation of habits and their influence; positive decision-making; and individual responsibility. It also includes effects on family members; family roles; risk behavior reduction; refusal and coping skills; societal and legal issues, including consequences; impact of media messages; and community resources.